## Amendments to the Claims

The following listing of claims replaces all prior versions and listings of claims in the application.

## Listing of Claims

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Claims 1-39 (Canceled)

40. (New) A trawl comprising:

a plurality of mesh cells, each mesh cell including at least three mesh bars, at least one portion of at least a first mesh bar in at least one of the mesh cells including:

- a. a first product strand having a core product strand enclosed within a sheath that resists sliding along the core product strand during assembly and field operations of the trawl; and
- b. a mechanical connection couples the first product strand

  forming the first mesh bar to a second product strand

  forming a second mesh bar of the at least one mesh cell,

  the mechanical connection including a clamp which

  encloses at least the slide-resistant, sheathed portion

  of the first product strand,
- whereby the sheathed portion of the first product strand disposed within the clamp resists separation of the sheath from the core product strand during trawl assembly and field operations thus better preserving design characteristics of the first mesh bar and the trawl.

- 41. (New) The trawl of claim 40 wherein the sheath encircling the slide-resistant portion of the first product strand includes a plurality of product strands which both encircle and have a smaller diameter than the core product strand, at least several of the encircling product strands that are disposed within the clamp being sufficiently densely woven that the sheath resists movement relative to the core product strand.
- 42. (New) The trawl of claim 40 wherein the sheath encircling the slide-resistant portion of the first product strand includes a plurality of product strands which both encircle and have a smaller diameter than the core product strand, at least several of the encircling product strands that are disposed within the clamp being sufficiently densely woven that the sheath maintains a cross sectional shape of the slide-resistant, sheathed portion of the first product strand during field operations.
- 43. (New) The trawl of claim 40, 41, or 42 wherein the mechanical connection coupling the first product strand to the second mesh bar includes a first loop formed at an end of the first product strand, the first loop being formed by two segments of the first product strand that are secured to each other by the clamp.

- 44. (New) The trawl of claim 43 wherein an end of the second product strand forming the second mesh bar includes a second loop, and wherein the second loop passes through the first loop.
- 45. (New) The trawl of claim 41 wherein the core product strand includes a twisted product strand.
- 46. (New) The trawl of claim 41 wherein the core product strand includes a heat-set, twisted product strand.
- 47. (New) The trawl of claim 41 wherein the core product strand includes a braided product strand.
- 48. (New) The trawl of claim 41 wherein the core product strand includes a heat-set, braided product strand.
- 49. (New) The trawl of claim 41 wherein the core product strand includes a parallel laid product strand.
- 50. (New) The trawl of claim 41 wherein the core product strand includes a heat-set, parallel laid product strand.
- 51. (New) The trawl of claim 41 wherein the core product strand includes a bonding agent.

- 52. (New) The trawl of claim 51 wherein the bonding agent is a polymer.
- 53. (New) The trawl of claim 52 wherein the polymer is a urethane based polymer.
- 54. (New) The trawl of claim 40, 41, 42 or 45 wherein the core product strand has substantially minimum residual torque.
- 55. (New) The trawl of claim 40, 41, 42 or 45 wherein the slide-resistant, sheathed portion of the first product strand has substantially minimum residual torque.
- 56. (New) The trawl of claim 43 wherein the core product strand has substantially minimum residual torque.
- 57. (New) The trawl of claim 43 wherein the slide-resistant, sheathed portion of the first product strand has substantially minimum residual torque.
- 58. (New) The trawl of claim 44 wherein the core product strand has substantially minimum residual torque.
- 59. (New) The trawl of claim 44 wherein the slide-resistant, sheathed portion of the first product strand has substantially minimum residual torque.

- 60. (New) A thread comprising:
- a. a core product strand; and

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- b. an encircling sheath having:
  - i. a plurality of encircling product strands each having a smaller diameter than a diameter of the core product strand of the thread; and
  - ii. at least one spiraling product strand interwoven with the encircling product strands and having a diameter that is larger than the diameter of each of the encircling product strands.
- 61. (New) The thread of claim 60 wherein the diameter of the spiraling product strand is less than the diameter of the core product strand.
- 62. (New) The thread of claim 60 or 61 wherein the thread is mechanically secured to another object by a clamp.
- 63. (New) The thread of claim 60 or 61 wherein a loop is formed in the thread for securing the thread to another object, the loop being formed by two segments of the thread that are mechanically secured to each other by a clamp.
  - 64. (New) A trawl comprising:

- a plurality of mesh cells, each mesh cell including at least three mesh bars:
  - a. at least one portion of at least a first mesh bar in at least one of the mesh cells having:
    - i. a core product strand encircled by a sheath, the sheath including a plurality of encircling product strands each having a smaller diameter than a diameter of the core product strand; and
    - ii. at least one spiraling product strand interwoven with the encircling product strands and having a diameter that is larger than the diameter of each of the encircling product strands; and
  - b. a mechanical connection couples the first product strand forming the first mesh bar to a second product strand forming a second mesh bar of the at least one mesh cell, the mechanical connection including a clamp which encloses at least the first product strand.
- 65. (New) The trawl of claim 64 wherein the mechanical connection coupling the first product strand to the second mesh bar includes a first loop formed at an end of the first product strand, the first loop being formed by two segments of the first product strand that are secured to each other by the clamp.

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- 66. (New) The trawl of claim 65 wherein an end of the second product strand forming the second mesh bar includes a second loop, and wherein the second loop passes through the first loop.
- 67. (New) An improved method for catching fish with a trawl system comprising the steps of:
  - a. assembling the trawl system by combining components selected from a group consisting of a trawl, upper bridles and frontropes, the trawl including a plurality of mesh cells, each mesh cell including at least three mesh bars:
    - i. at least one portion of at least a first mesh bar in at least one of the mesh cells including a first product strand having a core product strand enclosed within a sheath that resists sliding along the core product strand during assembly and field operations of the trawl; and
    - ii. a mechanical connection couples the first product strand forming the first mesh bar to a second product strand forming a second mesh bar of the at least one mesh cell, the mechanical connection including a clamp which encloses at least the first product strand; and
  - b. from a vessel disposed on a surface of a body of water:
    - i. deploying into the body of water as part of the trawl system the sheathed, first mesh bar; and

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- ii. propelling at least the sheathed, first mesh bar through the body of water.
- 68. (New) The improved method for catching fish of claim 67 wherein the sheath encircling the slide-resistant portion of the first product strand is formed with a plurality of product strands which both encircle and have a smaller diameter than the core product strand, at least several of the encircling product strands that are disposed within the clamp being sufficiently densely woven that the sheath resists movement relative to the core product strand.
- 69. (New) The improved method for catching fish of claim 67 wherein the sheath encircling the slide-resistant portion of the first product strand is formed with a plurality of product strands which both encircle and have a smaller diameter than the core product strand, at least several of the encircling product strands that are disposed within the clamp being sufficiently densely woven that the sheath maintains a cross sectional shape of the slide-resistant, sheathed portion of the first product strand during field operations.
- 70. (New) The improved method for catching fish of claim 67, 68, or 69 wherein assembling the trawl system includes forming a first loop at an end of the first product strand by clamping together two segments of the first product strand.

- 71. (New) The improved method for catching fish of claim 70 wherein coupling the first product strand to the second mesh bar includes forming a second loop at an end of the second product strand, and wherein the second loop passes through the first loop.
- 72. (New) The improved method for catching fish of claim 67, 68 or 69 wherein the core product strand is formed with substantially minimum residual torque.
- 73. (New) The improved method for catching fish of claim 67, 68 or 69 wherein the slide-resistant, sheathed portion of the first product strand is formed with substantially minimum residual torque.
- 74. (New) The improved method for catching fish of claim 70 wherein the core product strand is formed with substantially minimum residual torque.
- 75. (New) The improved method for catching fish of claim 70 wherein the slide-resistant, sheathed portion of the first product strand is formed with substantially minimum residual torque.

- 76. (New) The improved method for catching fish of claim
  71 wherein the core product strand is formed with substantially
  minimum residual torque.
- 77. (New) The improved method for catching fish of claim 71 wherein the slide-resistant, sheathed portion of the first product strand is formed with substantially minimum residual torque.